



THE FINISH LINE



**Ladies Ride -
Carola Reimer, Liz
Kolar, Lisa
Charest, Gail
Lohman**

*Join Us For The Wednesday Run
| Social at the Hanger, St. Pete
Airport @ 6:00 PM*

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Established on November 6, 1993, the St Pete Mad Dogs Triathlon Club is a not for profit organization designed to promote the sport of triathlon. The club is comprised of fun loving triathletes who train, race and howl together, with members of all levels of experience and expertise.

The Finish Line is a medium for communicating the latest club news, as well as an informal source for what's happening in the sport of triathlon as it affects us. Articles published in The Finish Line may contain opinions of the author, not necessarily the club.

Club Contact Information:

Website: www.stpetemaddogs.com E-mail: info@stpetemaddogs.com

Articles, or photos may be submitted to the Editor @ newsletters@stmaddogs.com. Items should be sent by the 15th of the month preceding the issue.

Advertising requests should be submitted to Chuck Lohman @ advertising@stpetemaddogs.com. For questions, please e-mail him.

Advertising rates are as follows:

Space	1/2 page	Full Page
Width x Height	7 1/2" x 5"	7 1/2" x 10"
Cost per Issue	\$30	\$50

Advertising checks should be mailed to: St Pete Mad Dog Triathlon Club, P.O. Box 635 St Petersburg, FL 33731-0635. Please make check payable to St Pete Mad Dogs.

Note: Payment is due on the 15th of the month prior to publication. **Payment for five consecutive issues of advertising entitles the advertiser to a FREE sixth month.**

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EDITOR'S COLUMN

Well, it looks like 2017 is going to be one of those "only the strong survive" years. I only researched two multisport activities in January — the Naples HITS series and the Chilly Willy Duathlon here at Ft. DeSoto. Both events were held in rain and cold temperatures. A number of Mad Dogs gained extreme "tough guy" points for competing under these inclement conditions. Results are at page 8.

Chuck Lohman, Editor

TRAINING CALENDAR

Upcoming Training Sessions (all show and go)

SWIMMING

Every Tuesday & Thursday 6:30 - 8PM

Northshore Pool w/ Coach Joe Biondi \$9 per session

Every Friday 8AM Group Swim at Sunset Beach.

Meet at Larry and Jackie Yost's, 143 91st Ave S (727) 367-2504

Also: www.stpetemasters.org for Masters Swimming

BIKING

see www.stpetecycling.com for daily rides

Mon - Fri 8:00AM

Group Ride from USFSP crosswalk 16 miles at 20-21 MPH

Wed is official Mad Dog ride - wear your colors!

Every Saturday 8:30AM

Group Rides based on speed from Northshore Pool South Parking Lot

Every Sunday 8:30AM

St Pete Library Advanced Training Ride 9th Ave N and 37th

RUNNING

Every Monday 6PM

Individual/Partnered Run (6 miles) Northshore Pool South Parking Lot

Every Wednesday 6PM beginning November

Fun run and social @ The Hanger, St. Pete Airport, 540 1st Street SE, St. Petersburg.

Local Bike Shop Events



From the Central Ave. Store (727) 345-5391 Every Saturday 8AM Women only ride. 10-30 miles



From the Palm Harbor Store (727) 786-6889 Every Saturday 8AM - 3 ability groups - about 40 miles



From the Clearwater Store (727) 723-2453 Every Friday - 5:30 AM 17 mile Clearwater Bridge Ride. Group #1 at 20-22 MPH. Group #2 at 22-25 MPH. Lights required.

From the Tampa Store (813) 831-1414 Tuesday and Thursday - 5:00 AM Training Bike Ride about 90 minutes at 22-30 MPH. Lights required.

Saturday - 7:30 AM 20 mile no drop bike ride at 15-20 MPH depending on abilities. Some instruction provided.

WELCOME NEW MAD DOGS!

Gavin Howell - St. Petersburg (3729)

Jeff Morrow - St. Petersburg (3730)

Gina Smith - S. Pasadena, FL (3731)

Brian Hurley - St. Petersburg Beach (3732)

Nick Chase - St. Petersburg (3733)

MAD DOG NEWS

Congrats to USA Triathlon Mad Dog All-Americans for 2016.

- **John Atkins**
- **Jennifer Hutchinson**
- **Richard Jansik**
- **Gail Lohman**
- **John Macedo**
- **Reva Moeller**
- **Linda Musante**
- **Gail Norman**
- **Dallas Rose**
- **Chad Siple**

notes: David Fraser would have easily made it but, after two great races, concentrated on overseas Ironman races which were not counted by USAT. Similarly, Roger Little only did two very competitive races before suffering injury.

Congrats to Bill Riley who was awarded USATF male athlete of the year, even with a knee replacement.

FEBRUARY BIRTHDAYS



- Vance M. Eaddy 1st
- Jack Helinger 2nd
- David Smith 2nd
- Larry Yost 6th
- Lu Dore 12th
- Ben Broadwater 13th
- Gem Runyan 17th
- Wayne Shriver 17th
- Tom Bell 18th
- Doris Evans 19th
- Carol McKenna 19th
- Logan Carr 20th
- Lisa Pesta 20th
- Debra Ryder 23th
- Joseph Szarko 24th

UPCOMING RACES



12 Feb - St. Pete Bike Classic
20/40/60 mile rides
Bradenton, FL
www.stpetebikeclub.com



19/20 Mar - Intimidator Tris
Clermont, FL
Sprint to Half IM/Aqua bikes
www.sommersports.com



17-19 Feb - Ultraman
Orlando, FL
3 day 320 mile event
www.ultramanflorida.com



2/3 Apr - HITS Triathlons
Ocklawaha, FL
Sprint to Full IM distance
www.hitstriathlonseries.com



25-26 Feb - Gasparilla Classic
Tampa, FL
5k to Half Marathon
www.tampabayrun.com



10 Apr - IM Florida 70.3
Haines City, FL
Half IM distance
www.ironman.com



6 Mar - Lake Manatee Tri/Du
Bradenton, FL
Olympic Distance Tri/Du
www.raceroster.com



16 Apr - Escape From Ft. DeSoto
Fort DeSoto, FL
Sprint Distance
www.escapetriathlon.racehawk.com

Race Results

Disney Marathon - 8 Jan

Finishers -

Carol Ardell
Carolyn Kiper
Keith Nelson

HITS Naples - 8 Jan

Open Distance

1st Place - Karen Hasque
2nd Place - Bo Webster

Sprint Distance

3rd Place - Jenn Olvedy

Olympic Distance

4th Place - Art Singleton

St. Pete Beach Classic - 14 Jan

5K

1st Place -

Bill Riley
2nd Place -
Rose Ray
Jackie Yost

4th Place -

Chuck Lohman
Larry Yost

10K

1st Place -

Cathy Dehaan
Carol Jean Vosburgh
2nd Place -
Lindsey Bell
Annette Frisch
Janice Smith

St. Pete Beach Classic - 14 Jan Half Marathon

1st Place - Clare Kelley

2nd Place -

Millie Hamilton
Reva Moeller

Frogman Swim - 15 Jan

Finishers -

John Atkins
Ken Bowen
Dawn Clark
Ben Goettler
Melissa Harasz
Stephanie Mischke
Steve Swift

Chilly Willy Duathlon - 29 Jan

1st Place -

Lindsay Bell
Laure Blume
Cathy Dehaan
Kim Donaldson
Karen Hasque

2nd Place -

Bob Ranta
Tom Bell
Yova Borovska (Overall)

4th Place -

John Davis
Dallas Rose

5th Place -

Jack Eads

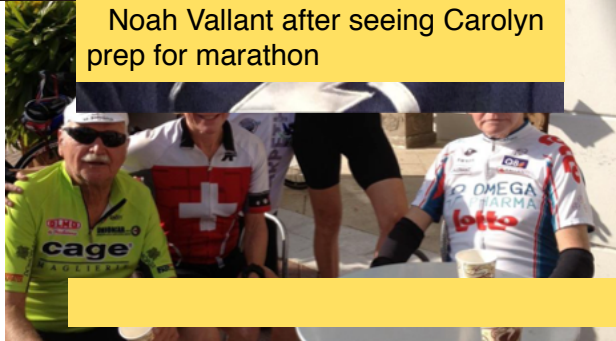
MAD DOG PICTURES



Noah Vallant after seeing Carolyn prep for marathon



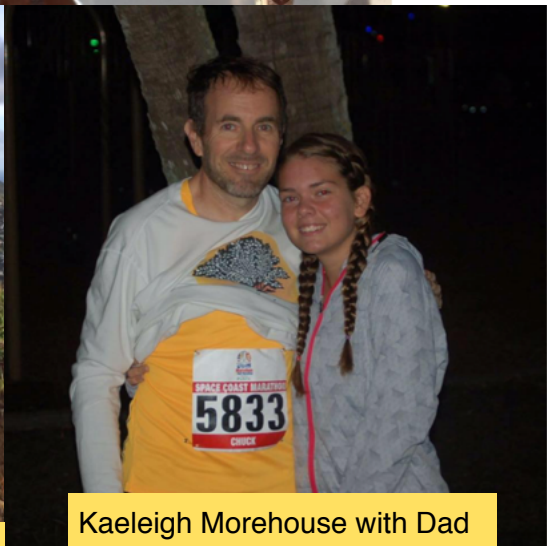
Amy Lynn Keener. No comment.



Loki, new pup who has adopted Rosie Ray and Sandy Scott



Carolyn Kiper and Tim Kennedy in Hawaii



Kaeleigh Morehouse with Dad

MAD DOG PICTURES

Hair of the Dog Triathlon

On January 1st, the Mad Dogs met at Fort DeSoto to celebrate their annual “Hair of the Dog” party and triathlon. The weather looked promising with a predicted high in the 70’s and 13 MPH wind from the southwest.

Rue Morgan (MD #1) and Kathy Morgan (MD #2) served as the official starters for the swim leg. Brave swimmers faced the frigid 69 degree

Carolyn Kiper prepping for Disney Marathon



Ladies Ride - Carola Reimer, Liz Kolar, Lisa Charest, Gail Lohman

water (much warmer than usual) and the thundering 1/2 inch surf.

Everyone had a wonderful



Keith Nelson meets the Goofy Challenge

MAD DOG PICTURES



Nick Chase on his new BMC



The Bayliss twins @ Frogman Swim



Lisa Harasz @ Frogman



John Atkins @ Frogman



Ben Goettler @ Frogman



Ken Bowen @ Frogman



Stephanie Mischke @ Frogman



Chill Willy participants 2017

time, and particularly enjoyed the delightful post-triathlon feast. We welcomed the visit from our Austrian Mad Dogs, Noah Vallant and his parents, Rene and Ella. The “winner” of the event, accomplished by drawing the winning T-shirt from our donations, was “Mac” Sexton. Special thanks to Ella and Jenn Olvedy for assisting with the clean up, and to Kathy Morgan and Carolyn Kiper for the photography!

I must mention that there was an unfortunate incident concerning payment of the \$5 cash entry fee into the park. We need to respect and cooperate with park officials who allow us to use the park for events of this nature.

All the best, Chuck Lohman

Hair of the Dog Pictures



Swim Start with MD #1 Rue Morgan on right



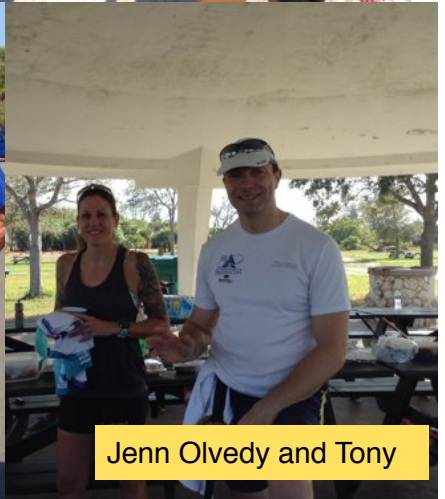
Jackie and Larry Yost



Noah Vallant & Kyah Morgan



Tony Scott, Tim Hudson, Carolyn Kiper and Rue (Fox in front)



Jenn Olvedy and Tony



Gail Lohman



Chuck Lohman



T-shirt drawing



Spectator at "Hair"

Life in the Burg

Everyone who has lived in St. Petersburg for a while knows there is a history of strange occurrences, haunted hotels, abandoned houses by famous crime figures and numerous other unexplained incidents.

On New Years Day one of the “happenings” occurred on our quiet street, Darlington Oak Circle. Gail and I began to hear strange thumps and bumps in our attic. Now almost everyone has heard the pitter patter of small rodents or cute squirrels and dealt with these annoyances appropriately. These noises, however were of a whole different magnitude. I called an exterminator who turned out to be a former Marine like myself. We armed ourselves to the teeth and advanced up the garage stairs on our “search and clear mission.” After a short search we were confronted with a vicious and disoriented Muscovy Duck staring back at us. I formed a blocking force and the exterminator chased and subdued the lost duck, and moved it to the lake behind our house.

I have no idea how the fowl creature infiltrated our home, but tomorrow will be spent searching for and eliminating all unauthorized entrances. Gail told me I can’t duck this responsibility. Mad Dogs, forewarned is forearmed.

Cheers, Chuck Lohman

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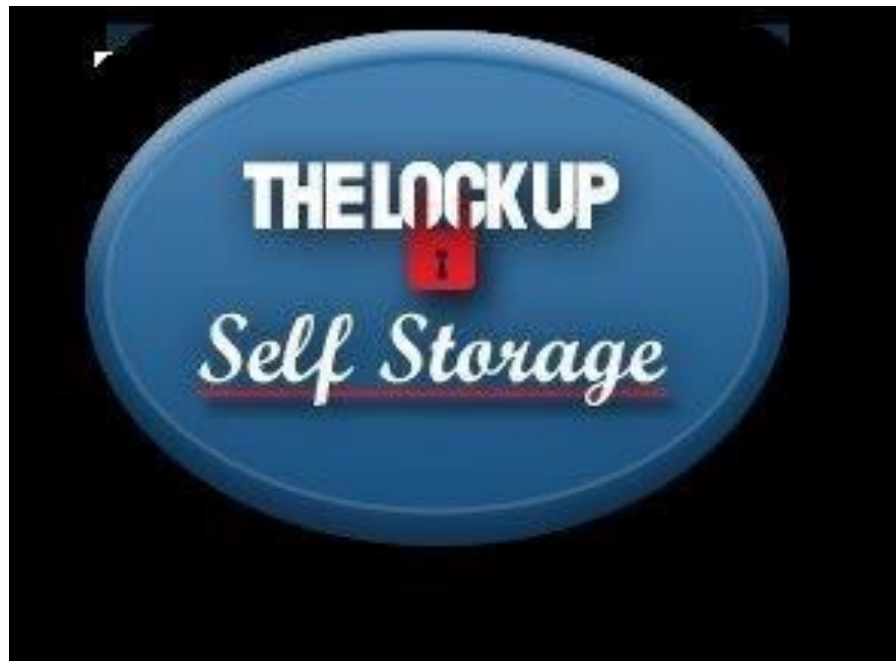
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